

How to Organise Your Own Beach Cleanup

Organising a beach cleanup is not as difficult as you might think! Spending time cleaning a beach is a great way to learn about the issue of plastic marine pollution and take immediate action. Hong Kong has some fabulous beaches to explore and some unique habitats and marine life that are worth protecting.

1. Choose a date, time and location.

There are many things to consider with the timing and location of your event. The best time to get out on the beaches is after rain or an adverse weather event. Rubbish levels on beaches vary throughout the year depending on seasons (wet/dry) and currents.

Timing: for many people 60-90 minutes is enough for this physical activity, especially if it is a hot day.

Check for clashes with other events scheduled at your location for that time/day <u>https://www.epd.gov.hk/epd/clean_shorelines/events.html</u>

Choosing your Location

- Choose a beach preferably that is not cleaned daily by the government contractors. These will not be classes as a gazetted beach (gazetted beaches are managed and cleaned by the government LCSD dept.)
- All LCSD/gazetted beaches have facilities such as toilets and water fountains.

https://www.lcsd.gov.hk/en/beach/index/beach-location-hk.html

2. Check the tides

Low tide is the best time to do a beach cleanup. Check the Hong Kong Observatory for tide levels. Choose the closest location and check the planned times. Ideally tides should be decreasing and less than 1.5m at the start of your event. https://www.hko.gov.hk/en/tide/predtide.htm

3. Register your event and get prepared

Let Clean Shorelines (and everyone else) know about your event. You can obtain gloves and rubbish bags for your event as well as arrange for rubbish bag collection through them. You can contact them via the following:

By phone: 2594 6578

Email: clean_shorelines@epd.gov.hk

THANK YOU FOR HELPING TO CLEAN UP HONG KONG!

www.plasticfreeseas.org

21/F Chun Wo Commercial Building, Wing Wo Street, Central, Hong Kong Plastic Free Seas is a registered charitable organisation in Hong Kong IR No. 91/12587



Beach cleanups can be hot and thirsty work and everyone needs to be prepared with their own water bottle with at least 1 litre capacity. Plan ahead and AVOID SINGLE-USE water bottles. There are many options for bulk water supply.

Bring a first aid kit to address any minor cuts or scrapes, bites or stings. Ensure extra sunscreen and insect repellent are included.

What to tell people to bring and wear:

- 1. Wear closed toe shoes (no sandals)
- 2. Bring a full reusable bottle of water (no single-use plastic bottles)
- 3. Wear comfortable clothing appropriate for the weather (light clothing and colours when it's hot; layers when it is cool)
- 4. Wear a hat
- 5. Bring sunscreen and bug spray

4. Make it Fun!

Picking up rubbish is not everyone's idea of fun but there are ways to make the event more enjoyable, interesting and meaningful. Competitions are a great way to spur interest too. Who will collect the most rubbish? What was the strangest beach find? Guess the amount of bottle caps on the beach?

5. Share your event with Plastic Free Seas

If you post your event to social media, don't forget to tag #PlasticFreeSeas. We'd love to see your incredible efforts.

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